

2018 PERFORMANCE PSYCHOLOGY CONFERENCE

FRIDAY, JANUARY 26, 2018

8-10 a.m. Onsite Conference Registration, Check-In

10-11 a.m. Keynote Address: "Mindfulness for Performance

Enhancement" by Pete Kirchmer

11-11:10 a.m. BREAK

11:10-11:50 a.m. Consultant Development Lectures 1: Signature

Strategies

11:10-11:30 - Wal-Mart Iconography: Enhancing a

Consultant's Toolbox (Cheney, M.)

11:30-11:50 — Consulting in a D1 University Setting:

Insider Perspectives and Signature Strategies

(Samson, A.)

Noon-1:15 p.m. LUNCH (on your own)

1:15-2 p.m. Mental Skills Interventions 1: Individual Sport

Performers

1:15-1:30 – The Effects of an Individualized Mental Skills Training Program on Golf Performance: A Single-Subject Research Design (Ashbrook, P.)

1:30-1:45 — Onward and Forward: An Exploration into the Minds of Elite Ultra-Endurance Athletes (Baxley, T.)

1:45-2:00 — Four days in Colombia: Escalators, Archery,

and Escobar (Lopez, F.)

2:05-2:50 p.m. Mental Skills Interventions 2: Team Sport

Performers/Coaches

2:05-2:20 — Post-Game Meditation Intervention to Reduce Arousal, Facilitate Earlier Sleep, and Enhance

Recovery in Ice Hockey Players: A Case Study

(Monnich, T.)

2:20-2:35 – From the Top to the Bottom: A Comparison of Approach in Consulting with Teams in the Same

Sport (Cacho, F.)

2:35-2:50 — Incorporating Yoga into a D1 Athletics

Program (Samson, A.)

2:50-3 p.m. BREAK

3-3:30 p.m. Featured Presentation: The Rise of

Microaggressions Against Female Athletes

(Steidinger, J.)

3:35-4:20 p.m. Student Research Proposal Presentations

3:35-3:50 — Retired Collegiate Athletes and Concussion Symptoms: Prolonged Symptoms, Perception of

Baseline Testing, and Coping Strategies (Ford, E.)

3:50-4:05 — Exploring "The Other": Experiences and Self-Perceptions of Asian-American Collegiate Athletes

(Ku, S.)

4:05-4:20 — Nonstarter Role Acceptance, Team Cohesion, and Performance (Morrow, D.)

6 p.m. Please Join Us for a No-Host Dinner!

Tio Leo's, 3510 Valley Center Drive, Del Mar, CA

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SATURDAY, JANUARY 27, 2018

8:30 a.m. Complimentary Continental Breakfast

9-10 a.m. Consultant Development Lectures 2: Going Behind

the Curtain

9-9:15 — A Journey: Performer to Student to Consultant

(Taylor, K.)

9:15-9:30 — How Can Technology Benefit My Practice

(Scardino, K. & Markle, D.)

9:30-9:45 - From Concept to Delivery: A Program Model

for Work in the Community (Ourian, D.) 9:45-10 — A Mentor's Perspective (Barba, D.)

10:10-10:40 a.m. Workshop: Brain Games: The Role of Sport Psych

Consultants in Concussion Rehab (Byrd, M.)

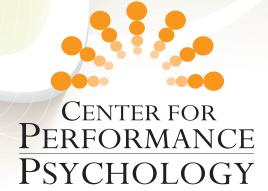
10:40-10:45 a.m. BREAK

10:45-11:45 a.m. Keynote Address: "Blurred Lines: A Lesson in

Expertise from SWAT Operators" by Dr. Ashley

Coker-Cranney

11:45 a.m. Closing Remarks



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